

ENTRY FORM



HARRY GWALA DISTRICT

MARATHON

2025

10th

Anniversary



Sunday, 23 March 2025

START: R612 HIGHFLATS

FINISH: UMZIMKHULU TVET COLLEGE

42, 2 KM | 06:00 AM

21,1 KM | 06:30 AM

10 KM | 06:45 AM



KWAZULU-NATAL PROVINCE
SPORT, ARTS AND CULTURE
REPUBLIC OF SOUTH AFRICA



UMLALAZI MUNICIPALITY



A Better Place for All



GREATER KOKSTAD MUNICIPALITY
COUNCIL OF EDENBURGH



PERSONAL INFORMATION

| | | | |
|-------------------|--|-----------------|--------|
| ID Number | | Date of Birth | |
| Surname | | Year | Month |
| First Name | | Gender | Male |
| E-Mail Address | | | Female |
| Cellphone no. | | Passport Number | |
| Club name in full | | License Number | |

RESIDENCY

| | | | |
|--------------------------------|--|---------------|--|
| South African | | International | |
| If not South African- Indicate | | | |
| Province | | | |

FINAL REGISTRATION VENUE & RACE NUMBERS COLLECTION

STATISTICS SA, next to Peace Initiative Town Hall Margaret Street

T-Shirt *The t-shirts will be provided to first 1500 entrants of 42.2, 21.1 & 10km races*

HISTORY

| | | | |
|--------------------------|-----|----|-----------------|
| Have you entered before? | Yes | No | Number of races |
|--------------------------|-----|----|-----------------|

MEDICAL INFORMATION

| | | | |
|----------------------------|-------------|-----------|----------------|
| Do you have any allergies? | Yes | No | Please Specify |
| Special medical condition | Yes | No | Please Specify |
| Medical Aid | Yes | No | Name |
| Emergency contact person | Cell Number | Full Name | Number |

ENTRY FEE

| | | | |
|--------|---------|-------------------------|--|
| 10km | R250.00 | 70 years + (FREE ENTRY) | DISABILITY (FREE ENTRY) Proof required |
| 21.1km | R300.00 | | |
| 42.2km | R350.00 | | |

Temporary licenses:

Late entries from 17 March 2025 will pay R50 more for each race category

Total



RELEA

Online Entries will be charged a minimum admin fee of 8%, then the club is not responsible for online fees at the end.

Manual admin fee will pay additional amount of R30 per entry

I am in good health, physically fit and have sufficiently trained to participate in this

SIGNATURE:

SIGNATURE:

Race Rules and General Information

1. The race is run strictly in accordance the rules of WA, ASA and KZN Athletics. Athletes MUST familiarize themselves with these rules.
2. Foreign athletes must comply with WA Rules CR 1.7, TR 4.1, and TR 4.2 together with ASA Rule 9.
3. All participants must be 20 years and older for 42.2km, 16 years and older for the 21.1km, 14 years and older for the 10km and 9 years and older for 5km.
4. All participants must wear the following:
 - a. Their correct club Colours
 - b. Race number on front of vest or crop top
 - c. 2025 Provincial license number on front and back of vest or crop top
5. ASA Approved Age category identification tags (i.e., J, 35, 40, 50 & 60) must be worn on the front and back of your vest or crop top and must be clearly visible in order to qualify for the age category prize.
6. Walkers to display Walker tags.
7. Refreshments tables will be provided, and NO personal seconding will be allowed.
8. Tog bag facility will be provided. Tog bags will be kept at owner's risk.
9. Prize giving will commence at 11h00am
10. Cut-off time for 42.2km run is 12h00.
11. Proof of age will be required.
12. A junior athlete must be 19 years

and younger on 31st December in the year of the competition.

13. Athletes MUST obey race officials, Marshals, and Traffic officials.
14. Pacing will not be allowed.
15. Athletes MUST make their own arrangements to Start and Finish.
16. Temporary License holders MUST wear plain color with NO advertising.
17. Temporary licensed athletes are not covered by a National Insurance Policy, ASA Rule 25.6.15.
18. Holder of temporary licenses will be eligible for individual prizes and may claim age category prizes in keeping with WA and ASA Rule 25.6.13.
19. All Prizes will be held by the Organizer pending receipt of Anti-Doping results from ASA.
20. If you're not in the prize giving on the day of the event, you forfeit your prize.
21. Sleeping Accommodation will be provided to those athletes who will require them, and they must bring their own blankets.
22. Meals will be provided to all athletes who have completed the race.
23. Goodie Bags and Race Packs must be collected on the 22nd of March 2025 at Statistics South Africa in Ixopo Town starting from 10am –

21:00pm

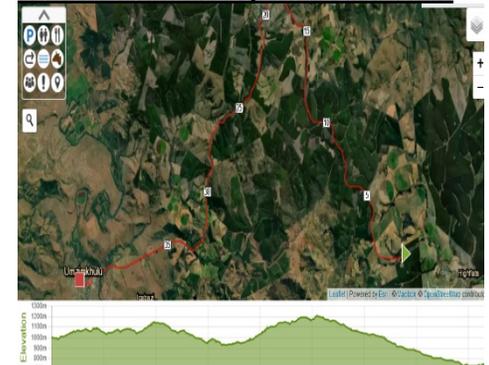
The Organizing Club and Sponsors will not be held responsible for any injury/illness occurring during, or as a result of the race or for any loss of property or damage on the course or in the changing area. All athletes must be medically fit and take part entirely at their own risk.

Previous Marathon Winners

| MEN | | |
|------|---------------------|---------|
| Year | Name | Time |
| 2015 | Lungile Gongqa | 2:19:33 |
| 2016 | Realeboha Lenanya | 2:29:32 |
| 2017 | Charles Soza | 2:22:41 |
| 2018 | Ntsindiso Mphakathi | 2:29:07 |
| 2019 | Thobani Chagwe | 2:19:38 |
| 2020 | Ndumiso Sokhela | 2:19:52 |
| 2021 | - | - |
| 2022 | Ayanda Ngcobo | 2:18:08 |
| 2023 | Jobo Khatoane | 2:16:47 |
| 2024 | Mholi Jali | 2:33:45 |

| WOMEN | | |
|-------|-------------------|---------|
| Year | Name | Time |
| 2015 | Lineo Chaka | 2:49:26 |
| 2016 | Lizih Chokore | 3:16:11 |
| 2017 | Lizih Chokore | 2:59:56 |
| 2018 | Loveness Madziva | 3:10:01 |
| 2019 | Mamorallo Tjoka | 2:45:04 |
| 2020 | Loveness Madziva | 2:43:24 |
| 2021 | - | - |
| 2022 | Chepkosgei Koech | 2:58:25 |
| 2023 | Zinhle Shabalala | 2:46:13 |
| 2024 | Irine Lotitateucy | 2:58:49 |

Route Profile: Harry Gwala Marathon



AWARDS & INFORMATION
General Awards

Medals will be awarded to all official finishers who complete the full distance within 6-hour cut-off.

42.2km
Medals

Gold First 10 Men and Women
Prize Money (42.2km Only)

| Position | Open |
|-------------|---------|
| Position 1 | R60 000 |
| Position 2 | R30 000 |
| Position 3 | R20 000 |
| Position 4 | R10 000 |
| Position 5 | R9 000 |
| Position 6 | R8 000 |
| Position 7 | R7 000 |
| Position 8 | R 6 000 |
| Position 9 | R 5 000 |
| Position 10 | R 4 000 |

Age Category Prizes (42.2km) Men and Women

| | |
|--|--|
| 35 -39 years | Position 1 R1000 Position 2 R800 Position 3 R500 |
| 40 -49 years | Position 1 R1000 Position 2 R800 Position 3 R500 |
| 50 - 59 years | Position 1 R1000 Position 2 R800 Position 3 R500 |
| 60 - 69years | Position 1 R1000 Position 2 R800 Position 3 R500 |
| 70 years + | Position 1 R1000 Position 2 R800 Position 3 R500 |
| Special Category (Disability Men & Women) | |
| | Position 1 R1000 |

Harry Gwala District Athletes

The top five Harry Gwala District athletes (Males and Females) affiliated with Harry Gwala District Clubs to complete one of the events will each receive the below incentives:

| Pos. | 42.2km | 21.1km | 10km |
|------|--------|--------|--------|
| 1. | R 5000 | R 3000 | R 2000 |
| 2. | R 3000 | R 2000 | R 1500 |
| 3. | R 2000 | R 1500 | R 1000 |
| 4. | R 1500 | R 1000 | R 800 |
| 5. | R 1000 | R 800 | R 500 |

21.1km
Medals

Gold First 10 Men and Women

Prize Money (21.1km only)

| | |
|-------------|---------|
| Position 1 | R10 000 |
| Position 2 | R 7000 |
| Position 3 | R6000 |
| Position 4 | R5000 |
| Position 5 | R4500 |
| Position 6 | R4000 |
| Position 7 | R3500 |
| Position 8 | R3000 |
| Position 9 | R2500 |
| Position 10 | R2000 |

Age Category Prizes (21.1km) Men and Women

| | |
|---------------|---|
| Juniors | Position 1 R500 Position 2 R300 Position 3 R200 |
| 35 -39 years | Position 1 R500 Position 2 R300 |
| 40 -49 years | Position 1 R500 Position 2 R300 |
| 50 - 59 years | Position 1 R500 Position 2 R300 |
| 60 – 69 years | Position 1 R500 Position 2 R300 |
| 70 years + | Position 1 R500 Position 2 R300 |

RACE WALK – 10km Only
Men and Women

| Position | Open |
|-------------|--------|
| Position 1 | R 2500 |
| Position 2 | R 1400 |
| Position 3 | R 1200 |
| Position 4 | R 1100 |
| Position 5 | R 1000 |
| Position 6 | R 900 |
| Position 7 | R 800 |
| Position 8 | R 700 |
| Position 9 | R 600 |
| Position 10 | R 500 |

10km

Prize Money (10 Km Only)

| Position | Open |
|-------------|--------|
| Position 1 | R5 000 |
| Position 2 | R3 000 |
| Position 3 | R2 000 |
| Position 4 | R 1800 |
| Position 5 | R 1600 |
| Position 6 | R 1500 |
| Position 7 | R 1400 |
| Position 8 | R 1300 |
| Position 9 | R 1200 |
| Position 10 | R 1000 |

Age Category Prizes (10km) Men and Women

| | |
|---------------|---|
| Juniors | Position 1 R500 Position 2 R300 Position 3 R200 |
| 35 -39 years | Position 1 R500 Position 2 R300 |
| 40 -49 years | Position 1 R500 Position 2 R300 |
| 50 - 59 years | Position 1 R500 Position 2 R300 |
| 60 – 69 years | Position 1 R500 Position 2 R300 |
| 70 years + | Position 1 R500 Position 2 R300 |

Note: All prizes including prize money, trophies, and/or special medals will only be issued once drug test results have been received and subject to clearance. All prize money is subject to South African tax laws; this may take up to three (3) months to process.

AGE CATEGORIES

An athlete is not eligible for a prize in more than one age category, i.e. an athlete is only eligible for a prize in the age category applicable to him/her or the younger category chosen by him/her down to senior level provided he/she is wearing the relevant age category tag. An athlete, male or female, who finishes the race in first to tenth position, may, however, win his/her position prize as well as any applicable age category prize. Unless you specifically request in writing to HARRY GWALA DISTRICT MARATHON organizers to change your age category to a lower age category, you will be entered in the age category of your chronological age. Appropriate numerical age category tags must be worn on the front and back of the upper body garment. An athlete must provide positive identification to verify proof of age

FURTHER ENQUIRIES:

HARRY GWALA DISTRICT
MARATHON
P.O. Box 132
IXOPO
3276
Telephone: 039 834 8700
Cell: 072 9488779 Themba Gumede
: 0671550421 Race Secretariat
: 060 503 4181 – Musa Dlamini
: 078 3827528 – Khayakazi Mhatu
[Email: thembaaisaac@gmail.co.za](mailto:thembaaisaac@gmail.co.za)